



Any individual who has been to a high-risk country (*China, Italy, South Korea, Iran or Japan*) may not enter this medical practice until 14 days have passed from date of return, and you have no flu like symptoms.

If you develop fever with cough and shortness of breath within 14 days of your travel, or if you have had contact with someone who is suspected to have the Coronavirus (COVID-19), stay home and call your health care provider or local health department right away. Be sure to call before going to a doctor's office, emergency room, or urgent care center and tell them about your recent travel and your symptoms.

The flu is still widespread and active throughout the state, so if you have not already received a flu shot, it is not too late. While the flu shot will not protect against the Coronavirus, it will prevent serious complications that require hospitalization and prevent overburdening the health care system in the event of a Coronavirus outbreak.

Thank you for your cooperation and understanding.